



**Message Outline**  
*A Doctor's Diagnosis of Jesus:*  
 Exercise

**Luke 4:29-5:11**

**Intro:** Luke's data from OB/GYN, Pediatrics, Genetics (Lk.1-3) to Diet, Exercise, and Sleep.

**Read:** Luke 4:29-44

**v.29-30**—Facing and moving forward in tense times...

**v.31-32**—The Word tied to the work of Jesus..

**v.33-37**—Jesus' authority over what binds humanity...

**v.38-41**—Not isolated incidents...

**v.42-44**—Reactions to Jesus (v.29, 42)...

**Jesus' Exercises**

- 1) Exercises authority over C \_\_\_\_\_ v.29-30
- 2) Exercises authority over P \_\_\_\_\_ v.31-37
- 3) Exercises authority over I \_\_\_\_\_ v.38-40
- 4) Exercises authority over I \_\_\_\_\_ v.42-44

**Read:** Luke 5:1-11

**v.1-4**—From message to masses to personal message to Simon Peter... "go deep!"

**v.5**—Frustration mixed with faith...

**v.6-7**—Obedience causes new problems...

**v.8-10a**—Personal awareness of sinfulness...

- Jesus doesn't run from but redefines Simon's direction...

**v.10b-11**—The biggest catch that day...not fish but following Jesus!

**The Personal Training of Following**

• "Follow me" is Jesus' training program (cf. Lk.9:23, 57-62).

• Core exercises in following...

- 1) \_\_\_\_\_ 
  - Progression of surrender: time (v.2-3), pride (v.5), everything (v.11).
- 2) \_\_\_\_\_ (v.8)
  - Lk.13:3, 15:10, 2Cor.7:10...
- 3) \_\_\_\_\_ (v.11)
  - Following means Jesus does the leading!

**Small Group Reflection Questions**

(Please take time to ponder and pencil in to prep for this week's small group session.)

*Read: Acts 18-19*

*\*What do you observe about the early church in Acts?*

*\*What spoke to you this past Sunday (ie. what made you laugh, learn, look deeper at life etc.)?*

*\*Take some time this week to skim thru some healing stories of Jesus (cf. Lk. 4-5, 8-9 etc.). Which miracle would you most like to have seen? Why? What do these events say about Jesus?*

*\*We know what Simon said, but what do you think Simon was thinking when Jesus told him to put down the nets in the deep for a catch?*

*\*Simon seems to have known Jesus prior to the events at the lake (4:38, 5:1), but it was at the lake his life would forever change for him. Can you think of a specific time Jesus "stepped into your boat" and challenged you to go deeper with Him?*

*\*Some of Simeon's change of direction involved walking away from things (namely his boat/catch). What do we need to walk away from in order to follow more closely to Jesus?*

*\*What does it mean to be "fishers of men?"*